Thanks to all those people who have made some of the resources collated here available to share

# The Precious Peapl 

## Bible Reading

Also, the Kingdom of heaven is like this. A man is looking for fine pearls, and when he finds one that is unusually fine, he goes and sells everything he has, and buys that pearl.

You can find this in the Bible, in the book of Matthew, chapter 13, verses 45-46
Younger children might enjoy this story https://www.youtube.com/watch?

## Prayer

## Dear God,

Thank You that you seek us out and that you love us. Help us to notice this love in the world around us and even in our every

## Wondering

- I wonder what is valuable to you
- I wonder how you help other people feel valued
day lives. Amen
- I wonder where you see God's love in the world


## Creative Prayer 1~ Prayer meditation

You can do this on your own or as a household. Find a comfy spot and settle into it.


Imagine yourself in your own personal special place. It can be anywhere you choose, real or imaginary. Indoors or outside, somewhere you feel safe and loved, somewhere peaceful where you can meet with God.

Breathe deeply and slowly, in through your nose then gently out through your mouth.
Fill your whole self with breath, feel air in your lungs.
Can you imagine yourself there? What can you see? Can you hear anything? What smells are there?

Continue to breathe deeply slowly in through your nose then gently out through your mouth.
Now as you breathe in say: 'I am precious', and as you breathe out say: 'to God'.
Repeat this between five and ten times.
After the last one, imagine yourself getting up and leaving your sanctuary. God is still with you. His love stays with you.

## Creative Prayer 2 ~ Precious to God

Get creative and help someone know that you value them and that they are precious to God by drawing them a picture of something they might like, maybe an oyster with a pearl in it or making them something like a junk model or a bookmark-whatever you think they might like. . You might like to write a blessing or prayer or other words on it for example 'You are precious to God'. Leave it somewhere they will find it. If you want to share it with someone you can't see at the moment, as a family, you could take a photograph of it and send it to that person.

## Activity $1 \approx$ Rolling pearls

You will need marbles-which look a bit like large pearls- or other small balls or big beads or even coins or small discs. Up to 4 players and each person will need the same number of objects.


Find a space outside and draw a circle with chalk or use something like string to mark one out. The idea is to try and collect more of whatever you are using than the other players (just for the game, not for keeps!). If playing with marbles or small balls, put all except one into the circle. Each player takes it in turn with the marble they still hold, to role it into the circle and try and knock others out. Any marble or small ball that is displaced from the circle is theirs to keep for the game. The game is over when there are no more marbles in the circle and the winner is whoever collected the most. If you are using coins, they all except one get placed in the circle and each player takes it in turn to throw their coin into the circle. If it touches any other coin, they get to keep it (for the game) and the winner is whoever has collected the most at the end. If you had ball pool style balls you could make a bigger circle. You could even come up with your own version of the game.

## Activity 2 ~ Help our oceans

You might like to find out more about our oceans, about the creatures and plants that live there and about how climate change is affecting them. In some places, oyster numbers are going down because their natural habitat is changing. I wonder if you can think about ways to help our oceans? Maybe by recycling whenever possible or trying to avoid 'single use plastics' (things you only use once then throw away) these include drinking straws and cotton buds
 with plastic sticks. Become a help our oceans hero by finding out more-this is a good place to start https://www.bbc.co.uk/cbbc/joinin/how-to-help-our-oceans Maybe you can share your ideas with other people.

## Fact of the week...

Did you know that pearls come in lots of different colours including white, grey, purple, black, pink, green, chocolate, blue and lavender. Amazing!

Feel free to Tweet your pictures and tag: @Manchester @DioManchester \#Worship2Go

Karen Beal, Children's Officer, Diocese Of Manchester, E: Karenbeal@manchester.anglican.org Jo Haslam, Deanery Children \& Family Worker, Children Changing Places Project

