

Worship 2 Go

Drawing School and Home Together

Thanks to all those people who have made some of the resources collated here available to share

People who change the world

Bible Reading

Do not use harmful words, but only helpful words, the kind that build up and provide what is needed, so that what you say will do good to those who hear you.be kind and tender-hearted to one another, and forgive one another, as God has forgiven you.

You can find this in the Bible, in the book of Ephesians, chapter 4, verse 29 and 31-32.

Prayer

Dear God, thank you that we can see in the example of Jesus how to live our lives. Thank you that each of us has a special place in the world. Help us to see small and sometimes bigger ways too, in which we can make a difference and help to change the world. **Amen**

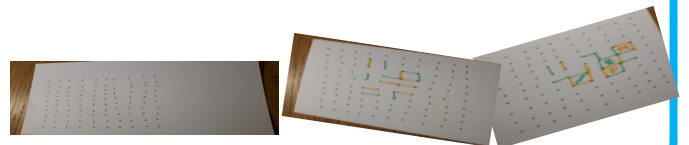
Wondering

- I wonder who you think is a good example to follow
- I wonder who you can see changing the world for the better
- I wonder how you might show kindness to someone else

Creative Prayer 1 ≈ Dots and Boxes Prayers

You will need some paper, pens or pencils (different colours if you have them).

- On the paper draw some lines of dots in columns and rows, may be 10x10.
- Each person takes in turn to draw a line to join two of the dots.
- Keep going until you are able to make a box.
- Whoever draws the line that closes the box, can then write the name or initial someone they know who has changed things, making a positive difference in the world with the things that they do no matter how big or small. It could be a parent, teacher or even your neighbour. It might be someone you don't know but have heard about.
- Take a moment to thank God for them and ask God to help them and bless them. You can say your prayer out loud or in your head.
- Then carry on!



Who Am I Answer—Marcus Rashford

Feel free to Tweet your pictures and tag: @ManchesterCWO @DioManchester #Worship2Go

Creative Prayer 2 ≈ Using your body to pray



People use their bodies in different ways when they pray. Some people stand, sit or kneel, sway or move their feet. Some people place their hands together straight, some clasp their hands, some raise them high or place them on their knee and some people open their arms as wide as they can, as ready to receive something. Here's an example you might like to use, inside or outside;

*Dear God, you are above (**reach toward the sky**), below (**touch your toes**), inside (**hands to heart**) and all around (**big arm circles**).*

- **Point to your eyes and open them as wide as possible** - Ask to open our eyes to see the world and the people around, ask him to bless those that are making changes in the world and for help with those things that need changed for example the environment, homelessness or other things you can think of.
- **Hold out your hands and stretch your fingers as wide as you can** - Ask to help you use your hands to help others, to do his work and make changes in the world, to show kindness to others. I wonder what things you can think of—it might seem small but might actually make a big difference to someone else!
- **Place your hands on your heart** - Share the things that you know would lift God's heart. This maybe situations or people. Then ask for help with the things that would break God's heart.
- **Move you feet quietly marching on the spot or walking safely round the room** - With each footstep, ask God to help you follow Jesus' example and find ways to make positive changes in the world building people up with the words you use.

Activity 1 ≈ The Environment

I wonder if this last year if you have noticed anything different when you are outside? Have you heard more birds singing? Have you seen different plants growing or different animals about? Some people have reported seeing deer right in the middle of towns! There are lots of people of all ages helping us to think about changes each of us can make to help the environment. Is there anything you might be able to change? Perhaps there is something of the 40Acts list that you could choose to do this week which will make a difference—even if it seems small, all of us doing one small thing will grow into something bigger!

Activity 2 ≈ Who am I quiz

Make your own 'Who am I?' quiz. Pick a character or real person and write 3 clues to help people work out who you are thinking about. The first clue should be difficult, the second medium and the final easier still. If the person you are playing with guesses on the first clue, then that means 1 point, 2 points on the medium guess and 1 point if you get it on the easy clue. Here is an example;

- I am involved in charity work
- I am from Manchester
- I am a footballer

- Who am I? (answer on the other page)

